

BRACER

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MAY, 2011

Northern Nevada Intergroup Newsletter

www.nnig.org

436 S. Rock Blvd. Sparks, NV 89431

(775)355-1151



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Bill W.

Dr. Bob

We hope you are enjoying the Bracer. Don't forget to pass the word along to your friends and groups. The Bracer makes a great gift to give to those you sponsor, or to that special someone celebrating an A.A. milestone. We are always looking for articles, pictures, jokes and meeting information to include in the Bracer. Send your submissions and any feedback you may have to: nnigbracer@gmail.com. Thank you for supporting your local Northern Nevada Intergroup.



Our founding members enjoying some time in California in the 1940's. Bill W. is on the far right and Dr. Bob is on the far left.

"In character, in manner, in style, in all things, the supreme excellence is simplicity."-- Henry Wadsworth

WE ARE NOT A GLUM LOT



A fellow goes into a bar and orders two drinks in separate glasses, downs them in alternating gulps, and departs. After several days of this, the bartender asks, "What goes on?"

The man explains: "My best buddy and I always had a drink together at noon, but he's been transferred to Los Angeles, so we made a vow to still drink together--me here, him there."

A few days later, the fellow comes in and orders only one drink. After he downs it, the bartender asks, "What happened?"

"Oh, I'm on the wagon," the man explains.

S. B. OF GARNERVILLE, N.Y. Nov. 1985

Rule #62: Don't take yourself too damn seriously!

5th Step Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

SOME AA members, in particular those of us with only a few months of sobriety, who may be seriously investigating the Twelve Steps for the first time, are especially reluctant or fearful to take the Fifth Step--to admit to God, to ourselves, and to another human being the exact nature of our wrongs. I sympathize fully. But the year 1968, my first full calendar year of sober living in AA, can well be characterized as "My Year of Taking Step Five"; and I would like to pass along the fears and reservations, then actions and experiences, and subsequently freedom, self-knowledge, and joy that have accompanied my own efforts. As we continually try to practice in the program, I am not telling anyone else what to do; I am describing what I did.

I did not rush into the Fifth Step or, for that matter, into any Step other than the First. For the beginning six or seven months, through the end of 1967 and into early 1968, I concentrated on learning how not to take the

first drink today by going to a meeting a day, sometimes more, and by talking over coffee with others who had come in about when I did, as well as with many who had several years of sobriety.

In my fourth month, I happened to get a sponsor who had not had a drink for four years and had done considerable work on the Steps. I was beginning to *want* to increase the depth of my sobriety by learning what the Steps had to offer. In the following three months, with

The point is not the timing as I outline it here; it is that I was feeling ready to do some Step work and felt comfortable in trying to make progress.

some gentle but insistent encouragement from my sponsor and with continuing attendance at Step meetings, I began to feel comfortable with Steps Two and Three, and I took two Step Four inventories in writing, the first with my sponsor, the second alone.

The point is not the timing as I outline it here; it is that I was feeling ready to do some Step work and felt comfortable in trying to make progress. Some AA members whose sobriety today is just as good as or better than mine have not taken the Steps in One-through-Twelve

order, but have jumped around to different Steps as they felt called upon to do so; in fact, I did some Twelfth Step work on occasion before beginning to involve myself in Steps Two through Eleven. Each of us takes the program as it suits him.

It was very important for me to have worked on a moral inventory (some people prefer the term self-survey) before venturing into the Fifth Step. I had built a foundation by doing some in-depth thinking and

writing about my wrongs and defects of character, so that when my sponsor asked me, in February 1968, whether I felt ready to make a beginning effort with the Fifth Step, I had no good reason to object.

That beginning effort did not produce what the Fifth Step had been cracked up to, in terms of release and freedom from guilt. I felt good after spending several hours one evening with my sponsor, but I was not the least bit elated. The fact is, as I later was to learn, that I did not really take the Fifth Step that night; I only threw out a few misdemeanors or "bones" in a rather general way. For example, I admitted that I had been "bad to my wife" and was sorry for it, now that she no longer was my wife. And I pointed out, in a rather condescending way, that I had treated several women poorly

before marriage by offering them a promise of deep adventure (with or without sex) and then reneging and doing nothing, leaving them and myself frustrated.

But it was a beginning. I saw that no horrors descended upon me when I tried, however inexplicitly and shallowly, to admit wrongs. To the contrary, I did experience a small piece of joy and release, and I was encouraged to go further when the moment seemed right.

My second Fifth Step experience, a month later, was in listening with another AA member to a third man go to far greater depths than I had plumbed. The three of us were awake through one entire night in the exercise, and I found myself joining in with some of my own wrongs, the remembrance of which was triggered by the admissions of the other two men. I had gained further confidence.

Then a movement got under way among a dozen New York members to begin a weekly Tenth Step group; as preparation for this work, they planned to attend what was then known as a forty-hour Fifth Step marathon. Would I like to join this effort?

My answer was an immediate yes, but probably for a number of wrong reasons, as well as for one right reason. One of the mainsprings of my affirmative

answer was a long-held fantasy that I was a born leader. The marathon concept was then relatively new in AA, and I wanted to be in the pioneering forefront. (You're looking at one aspect of a prime defect of mine: towering personal pride!) Not to apply the hair shirt too closely, however, I did have at the same time a sincere desire to "really" take the Fifth Step, to get my garbage out into the cans and have it carted away.

Over the first April weekend in 1968, when I was nine months sober (remember that timing is not important and that feelings

But it was a beginning. I saw that no horrors descended upon me when I tried, however inexplicitly and shallowly, to admit wrongs.

are), I attended that Fifth Step exercise, but not without excruciating fears just preceding it. On the day before, for example, I was on my way to lead a beginners meeting, and the very strong thought filled my mind: All I have to do is take one drink tonight, tell the others about it, and I will be excused from the ordeal! This was the last of the defenses I threw up against the idea--quite appalling to me at the time--of baring my soul before, not just one other person, but a dozen people, and not males only, but a mixed group. I cannot fully explain my almost overwhelming anxiety during

the weeks and days preceding the experience. All I could do, and I did it fervently, was cling to a faith that the Fifth Step was in the program for a reason, that it had worked for others, that I had not been hurt, but rather helped, by my two previous skirmishes with it, and that God would see me through if I did my best.

I am not writing either to praise or to malign the marathon concept. I am talking about my Fifth Step work. But let me make a few remarks that I consider important.

One is that, in my strong opinion, the taking of Step Five does not depend in any way whatever on the availability of a marathon meeting. In my case, I firmly believe that my progress with the Step was speeded up a little; I became able, far more

quickly than I had imagined possible, to talk honestly to others about myself. But I do not believe that the *substance* of the Step, for me, was changed or improved by going at it in a group, rather than with one other individual.

Two, fifth-stepping in a group is definitely not (again, in my opinion) something to take lightly. If you feel too strong a doubt of your ability to "survive" such a meeting, or if you think that you lack sufficient faith that it can work for you, or if you have not grounded yourself, to your own satisfaction and feeling of

comfort, in Steps One through Four, or if you simply feel no need, I would advise not going ahead. A few marathon participants whom I know extremely well have had subsequent difficulties (whether or not attributable to the marathon, I cannot tell, but the possibility is there). Besides, I say again that the Fifth Step can be taken, with all the meaning intended for it, as it is written: with God, ourselves, and another human being.

Three, the marathon technique, like other techniques, is a tool only. It is not some kind of magic button that will make life easy once I push it. The work has to be done inside myself; whatever tools I use are designed to help me get that work done, not to do it for me.

With these remarks in mind, we get back to the Fifth Step itself. In my third try, I learned what it is all about, for me. The program speaks of the "exact nature" of our wrongs, and I understand this now. It is no longer, as it was during my first brush with the Step, a matter of my having been "bad to my wife." It is, to take one example, my former practices during the martini hour or hours: making loving gestures to my wife, with implications of a warm night of lovemaking ahead; thinking, as the liquor spread its false grandeur throughout me, that I was the world's greatest lover; making preparations for a time of extreme bliss (and often, in the process, arousing the

unfortunate lady to great expectations); then, with additional booze in my blood, becoming totally uninterested in, and often downright incapable of, any lovemaking at all.

Here is the "exact nature" of a wrong. Where does it point? To my drinking as the cause of, or excuse for, my lack of action and follow-through? Not a bit. It points to my *fear*--my

What have I gotten from this work? (It has been, I assure you, hard work!) I have gotten what others have gotten: a release from my hang-ups...

absolute terror of sexual inadequacy, of not having what it takes to be a man. Of course, I blamed my wife for sexual frigidity, or for taking too long with the dishes, or for preferring to meet some other obligation that night. Whether or not any or all of these allegations were true, the fact remains--I now see it through taking the Fifth Step--that *I* was the major cause of unhappy sex relations in our marriage.

To cite another example, I frequently and in most cases with very little provocation, if any, beat my firstborn son viciously and unmercifully when he acted contrary to my wishes or did something that I judged "wrong," by whatever standards I chose to use at the time. When this happened, of course, I praised myself for

being a good disciplinarian, a stern but loving father, a provider of Truth to my boy, who would thank me for it in later years. But what do these bullying beatings really spotlight? They spotlight my *cowardice*: my abject fear of facing myself and admitting to my own failings; my sneaking need to take out my own frustrations on a little boy who was powerless to defend himself. They also outline in clear relief another aspect of my towering personal *pride*, the big "I" that knows what others should do and forces them, where possible, to do my will.

I could expand this list *ad nauseam*, and I have. I possess a large number of defects of character, the exact nature of which I have learned through getting down to the nitty-gritty and avoiding bland generalities like "I am selfish. I am resentful. I am a glutton. I am a drunk."

What have I gotten from this work? (It has been, I assure you, hard work!) I have gotten what others have gotten: a release from my hang-ups, not from all of them, by a long shot, but from the major ones. I have gotten a sense of freedom, tranquility, serenity, and peace within myself. I have gotten better self-knowledge--another term, as I see it, for humility. I have gotten a deeper, surer, more grateful sense of *living in sobriety*. And this, after all, is what AA is all about.

Do I still take the Fifth Step?
Yes, I do. Many of us consider the Fifth Step a once-only exercise: Get out the garbage, and that's that. For these people, it is the Tenth Step that is a continuing means of cleaning up. I have no quarrel with this viewpoint. But repeated Fifth Step work has been necessary for me.

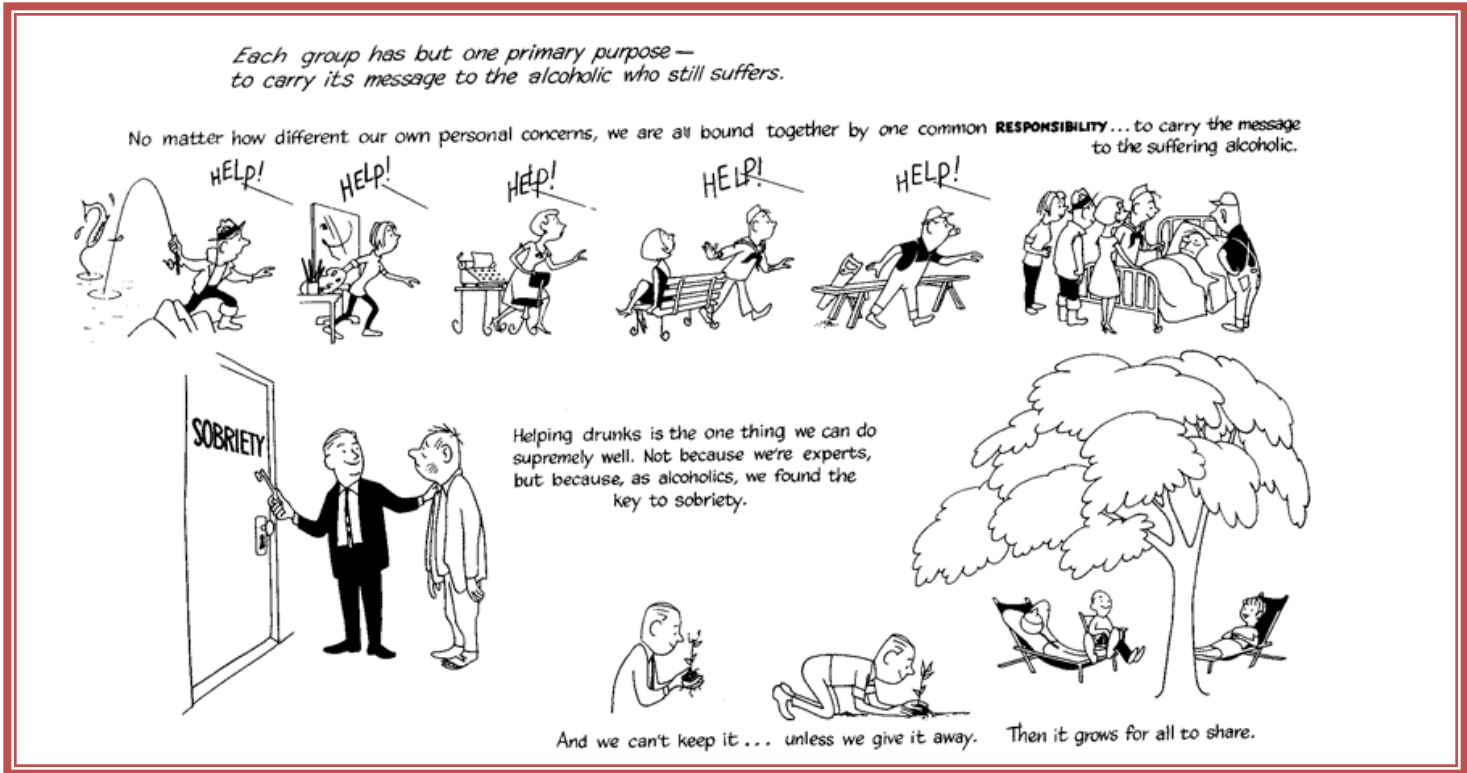
I joined the weekly Tenth Step group last April after the marathon and have come to rely

heavily on this Step for my continuing mental comfort. But every now and then my work with the Tenth Step recalls an experience in my long-ago (what seems, to this grateful alcoholic, long-ago) drinking past; and I feel a need to unburden myself of it. A member with twenty-one years of sobriety once said, "The Fifth Step is like an onion: We keep peeling it until all the layers are torn away and we get down to the center."

Not that I have reached that center, or expect to soon. The Fifth and Tenth Steps--like the entire marvelous program of Alcoholics Anonymous--are for me a process, a journey, a continual arriving at new truths.

L. L.
Manhattan, New York
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Tradition 5: Each Group has but one primary purpose--to carry its message to the alcoholic who still suffers.

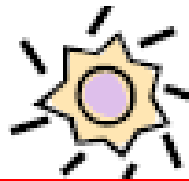


SERVICE OPPORTUNITIES

Sunshine Committee!!

Sobriety requirement – 1 year

We will work to your schedule



What is the Sunshine Committee you may be asking yourself? The Sunshine Committee takes meetings to sober members of Alcoholics Anonymous who are either hospital or home bound due to illness or inability to get out to a meeting. If you know of anyone who needs a meeting brought to them call Central Office and they can put you in touch with the Sunshine Committee. 355-1151

- △ Central Office Answering Service needs volunteers to answer the phones. These are the following time slots available: Friday 11:00 PM to Saturday 9:00 AM. These slots can be broken up into smaller shifts.
- △ Central Office is doing some spring cleaning and sprucing up. We are in need of carpeting, small office items and used computers. Call or drop by to donate whatever you have or volunteer your time.
- △ We are also updating the 12th Step List. If you have a minimum of 6 months sobriety you can sign up to go out on 12 step calls.

UPCOMING EVENTS



Northern Nevada Intergroup

Speaker Meeting

Every 2nd Saturday of the month
at 7p.m.

Saturday, June 11, 2011

Hosted by: "Way Out West"

Annual Long-Timers Meeting

Moderator-Pat D.

Grand Sierra Resort

2500 East Second Street

Check Monitors for Meeting Room

Northern Nevada Intergroup Speaker Meeting

Every 2nd Saturday of the month
at 7 p.m.

Saturday, May 14, 2011

Hosted by: "Beginners are
Winners"

**Speaker: Patricia Y. (Pacific
Group)**

Grand Sierra Resort

2500 East Second Street

"Carson 3-4" Casino Level





2011 NNIG Founders Day Picnic



**Sunday June 19th
(Fathers Day)
From (9:30 to 3:00)
Richards Way
Park-Sparks NV.**

*Admission
Suggested \$5.00
Kids 12 &
Under Free*

*Please: Volunteers Needed
Get your friends and help out.
Call Central Office 355-1151
or Joel @ 544-5115. Need
your ideas. This is Service*



**We will have: Burgers,
Hot Dogs, Condiments &
Beverages Included**



The Rest -- Potluck

- A - F: Dessert...Cupcakes, Cookies, etc.
- G - P: Sides...Potato, Macaroni Salad, etc.
- Q - Z: Fresh Veg/Fruit...Green Salad, etc

MORE!!

**"Field Day" Events for Kids.
Contests for adults (Watermelon
Eating Competition)**



**Volleyball Tourney
Pre-register your team
(family, home group)
Call WYATT S.
335-3745 or 544-8413**

**Raffle: Donations
Needed - Call
Patty Y. 443-9887
or 324-7977**



Volunteers and raffle prizes are needed. The potluck is organized so that people can bring side dishes to compliment the main dishes being served. If your last name begins with A-F please bring a dessert; if your last name begins with G-P bring a salad and if your last name begins with Q-Z bring a fresh vegetable or fruit side dish. Come out and help celebrate AA's 76th anniversary!



JULY 14-17, 2011

**CAMP RICHARDSON
SOUTH LAKE TAHOE**

"QUESTIONS:" CALL CENTRAL OFFICE

775-355-1151

"Email:"

sierraserenity2011@hotmail.com

The campout is encouraging early registration. They are always looking for volunteers and raffle prizes. It should be mentioned that camping will be in the lower portion of Camp Richardson this year—no AA camping on the upper level. Come and enjoy the fun and fellowship at Lake Tahoe!



6th Annual Young Peoples Campout

Friday, June 24, 2011

Speaker Meetings, Resentment Bonfire, Saturday Potluck Dinner, Sunday Breakfast, Hiking, Biking, Fishing, Volleyball, Horseshoe Pits, Swimming and so much more!

MORE INFO TO COME!

Contact Information:

Dan M. 741-6282

Dani 225-2408

SILVER SPRINGS AA

--Out of the Bars and Under the Stars--

3rd Annual RoughOut

Friday - Sunday June 3, 4 & 5 - 2011

NV State Park - Boy Scout Campground

Bring your **quads**, your **horses**, your **dogs**, your **canoes** and **kayaks**, and even **children** to have sober fun in the cottonwoods along the mighty Carson River.

Ample parking available for RV's & trailers - *Corrals for horses.



Camp opens Friday at 1pm

Friday Weenie Roast 6pm

Friday Speaker Meeting 7PM

Saturday Morn. Open Meeting 10AM

Saturday Potluck/Speaker Mtg 6PM

Saturday Night Raffle Drawing

Saturday Night Resentment Bonfire

Sunday Morning Pancake Breakfast 9AM

Sunday Speaker Meeting 10AM



Cost is \$25.00 per person, including parking. Children free!

Note: This is a **rough-out**. Bring your own water, tents, etc. There are toilet facilities but no running water (other than the river.) *Horse corrals are limited - please let us know if you are bringing horses. Dogs should have leash restraints available as needed.

Checks should be payable to Silver Springs AA
Send to Debbie Angle - 2590 Deer Street Silver Springs, NV 89429

49TH I.W.C. VOLUNTEER OPEN HOUSE

Date: May 22, 2011

Time: 11:00 AM to 1:00 PM

The 49th International Women's Conference will take place in Reno, NV February 14 to 17, 2013 at the Silver Legacy Hotel. Please attend the Open House for volunteers to look at all of the opportunities to serve the Conference. The Committee Chairs and Co-Chairs will all be present to answer questions and help you decide which area of the conference will be the best fit for you!

Questions? Trudy G. (775) 772-9017 or Elisa R. (775) 287-4313

Location: 1400 Wedekind Rd. Reno, NV

Northern Nevada Adult Education Bldg.

THE 18TH ANNUAL

RETREAT TO SERENITY 2011

ON THE BEAUTIFUL MENDOCINO COAST

CELEBRATING OUR SPIRITUAL AWAKENING

WHERE: Mendocino Woodlands Campgrounds, Mendocino, California
WHEN: Friday, Saturday & Sunday.....September 9th, 10th and 11th 2010
WHAT: Events Include... AA AND ALANON Meetings, AA Speaker Meetings, Saturday Night AA Birthday Countdown at Speaker Meeting, followed by a DANCE .

WHAT TO BRING: Sleeping bags (bedding), flashlights, warm clothing, toiletries

WHAT NOT TO BRING: Candles, gas lights, gas stoves, grills, dogs, resentments

WHAT TO EXPECT:

- Expect cabin lodging with overflow tent space only: SORRY, NO RVs Permitted!
- Enjoy down to earth 'roughin' it' in RUSTIC Cabins with cots and fireplaces.
- Saturday & Sunday Breakfast and Saturday Dinner are provided in price of cabin and tent camping registration. Saturday Dance IS included in Registration Fee.
- Canteen will be available for other meals, snacks, T & Sweet shirts. Cash only, please!
- Take advantage of nearby hiking and ocean beaches and plenty of fellowship!
- This CAMPGROUND IS NOT HANDICAP ACCESSIBLE.
- SORRY NO PETS ALLOWED (Except Seeing-eye dogs)

Contact: _____ NAME & EMAIL _____; www.MendocinoCoastAA.com

Mail registration form below with your check or money order to:

RETREAT TO SERENITY 2011

PO Box 1388, Fort Bragg CA 95437

----- Sorry - No Refunds after September 3, 2010; however, substitutions are okay ----

Registration IS Required for ALL participants

Registration early!!!! SPACE IS LIMITED!!! Cabin assignments are on a first-requested basis.

NAME: _____ Special Requests: _____

(If registering for more than one person, please list names of other attendees and attach names to this form - funds must accompany registration if a cabin or bunk reservation is being requested).

MAILING ADDRESS: _____ STATE: _____ ZIP: _____

Provide email address for confirmation: _____

CABIN REGISTRATION - (4 cots per cabin)

Adults \$75 (\$85 after Sept. 3) : #Men: _____ #Women: _____ #: _____ @\$ _____ Total\$: _____

Children - Same price as adult in cabin

TENTS REGISTRATION

Adult: \$55 ea. (\$65 after Sept. 3) #: _____ @\$ _____ Total\$: _____

Kids (6-15) \$30 ea. No charge for 5 and under #: _____ @\$ _____ Total\$: _____

SATURDAY DAY PASS (Meetings and Dinner ONLY) \$40 ea. #: _____ @\$ _____ Total\$: _____

Total Amount Enclosed: _____ Total\$: _____

OASIS FESTIVAL in FALLON 2011

Presents **'Came to Believe'** an A.A. Round up.

October 15th, 2011 at the Fallon Convention Center

Ed V. (Granite Bay, Ca.) - Main Speaker

- ▲ young peoples panel
- ▲ old timers panel
- ▲ hospitality room
- ▲ fellowship
- ▲ speakers
- ▲ dinner
- ▲ raffle
- ▲ event will be audio taped

Event time: 9:15 a.m. - 8:30 p.m.

Address: 100 Campus Way (off of Auction Rd.)

Who can attend?: everyone is welcome

Event registration: \$20 per person.(includes dinner.)

for more info you can contact:

Liz R. 775-427-1113 Or Dusten S. 775-287-8465

email us at: OasisFestivalinFallon2011@yahoo.com

Register soon - seating is limited to the first 300 people !

Make checks payable to:

Mailing address
 'Oasis Festival in Fallon'
 P.O. Box 497
 Fallon, Nv. 89407

Registration deadline is September 31st

Oasis Festival in Fallon

October 15th, 2011 **REGISTRATION FORM**

Registration fee
**\$20⁰⁰*

NAME _____

ADDRESS _____

CITY, STATE, ZIP _____

EMAIL _____

PHONE (optional) _____

Number of people registering _____

Number of people attending the dinner. _____

Total amount enclosed \$ _____

Mailing address: Oasis Festival in Fallon, P.O. Box 497, Fallon, Nv. 89407

** Registration fee includes dinner*

EASY DOES IT WOMEN'S RETREAT
 "SHE LET GO" - STEP 3

June 3 - 5, 2011 at Camp Galilee Lake Tahoe

Cost \$150 includes food and accommodations

Retreat is limited to 70 participants due to size of camp, so act now!

Registration and payment must be received on or before May¹⁸ 6, 2011
 - first come, first served!

This retreat is held at Camp Galilee at Lake Tahoe near South Lake Tahoe on Highway 50. Camp Galilee hosts with group cabins, a private beach, a sanctuary, and a labyrinth for reflection. Of course, there will be a great out-of-town speaker, meetings, raffles, and fellowship.

*No on-site payment or registration will be accepted. The participation is limited to 75 women due to the size of Camp Galilee. There is space for 10 people to attend Saturday only for a cost of \$50. The receipt of payment determines the participation. In other words, first come, first served.

*Retreat check-in begins on Friday, June 3 at 3:30, dinner is at 6:00, Opening Meeting begins at 7:15

*Check or money order to be made payable to EDI Women's Retreat must be received on or before May 6.

*Return Registration Form and payment:
 EDI Women's Retreat
 c/o Mary Kandaros
 PO Box 33757
 Reno NV 89533

Contact: marykandaros@hotmail.com or 775-200-8489 or Cheri at 775-331-5519 for information.

Hosted by EDI WOMEN'S RETREAT 2011 COMMITTEE

MEETINGS AND MORE



Eye Opener is *Moving!*

When? - Monday, May 2nd at 8^{am}

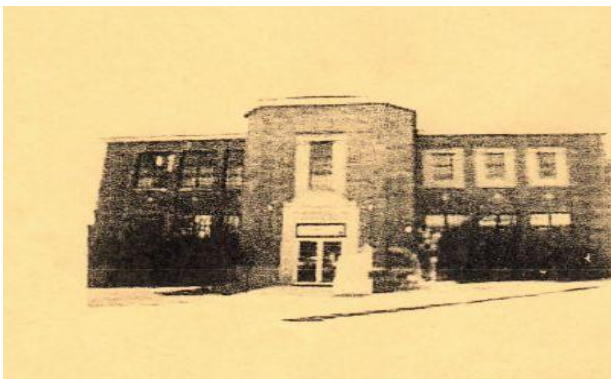
Where? - Reno Buddhist Church

820 Plumas

***In the basement, entry on Taylor Street.**

***Monday through Friday 8-9am**

HAPPY HOUR HAS MOVED



SOUTHSIDE CULTURAL
CENTER
190 E. LIBERTY
BETWEEN
SINCLAIR & CENTER

EYE OPENER MID-MORNING MEETING

Where: Driar's Club 345 S. Wells St. Reno, NV

When: Mondays and Thursdays @ 10:00 A.M.

This is an open discussion meeting. There is NO smoking at this meeting

WOMEN'S NEW BEGINNINGS MEETING

Where: Women and Children Center of the Sierra
255 W. Peckham Lane, Suite B, Reno NV

When: Tuesday and Friday @ 12:00 P.M.

This meeting is moving! Effective May 3rd this meeting will be held at the above location.

NEW MEETING!

What: Hearing Impaired Big Book Study

Where: Driar's Club 345 S. Wells Ave. Reno, NV

When: Tuesday @ 5:30 P.M.

Starts May 3rd. Questions?? Call Ed 787-7730 or Central Office for more information.

With so many of our meeting moving to new locations and with new meetings starting up we are trying to get out the information to the fellowship. If you have meeting information you want in the Bracer send to nigbracer@gmail.com. If you have any questions or problems finding the meetings that have moved call Central Office for more information.

NNIG BUSINESS MEETING MINUTES

NORTHERN NEVADA INTERGROUP ASSOCIATION

INTERGROUP BUSINESS MEETING MINUTES

APRIL 5, 2011

Central Service Committee (CSC) Members Present

CHAIR	Jason R	VICE CHAIR	Van D
SECRETARY	Rene P	TREASURE	Elisa
COM/ EXEC DIR	Bev /Darlene		

Intergroup Representative's, Committee Chairs and Guests Present

Joel	Activities	AJ	Sunshine Committee
Pete S	Visitor	Noel W	Carson After Shifters
Pete B	Visitor	Anna H	Kings beach
Steve M	Shakem up	Greg S	ANNYPAA
Linda B	Mon Night Women's	Sean A	Positive Acceptance
Randy M	Slide Mtn Serenity	Sean L	Just 4 Today Carson City
Linda T	Mt Rose Recovery	Mark K	Caring and Sharing
Sean N	District 2	Russ G	Fernley KISS
Tia G	Sunnyside	Bill M	Sat Night Fever
Mike R	Easy Does It	Dod	Happy Hour
Olaro K	Webmaster	Pete B	Southside
Sean A	Positive acceptance	Regina P	District 4
Ted G	Bracer Chair	Daryl N	Eye Opener
Annette M	Genoa 11 th step	Jeff S	NNIG Speaker Chair
Mark R	Almost Heaven/Speaker co-chair	Laura C	Answering service
Sean N	District 2	Mike C	P.I. Chair
Paul E	Area 42 Archivist	Cathie L	Caring and Sharing
Mark C	Almost Heaven/Speaker co chair	Matt S	Serenity on Sunday
Cathie L	Caring and Sharing	John S	Our Common Welfare Group
		Fred T	Minden/Gardnerville

...Meeting opened at 7 p.m. with serenity prayer, Regina P read the bi-laws. Jason R motioned to approve March minutes... minutes were approved.

CENTRAL SERVICE COMMITTEE CHAIR REPORTS (Administrative)

- **CHAIR (JASON R):** Stressed the importance and responsibility of Intergroup representatives making announcements to their groups when prompted in addition to bringing the information back to their business meetings.
- **VICE CHAIR (Van D):** Van stressed the importance of being mindful of time constraints when giving report as the meeting is scheduled for an hour only. Accuracy of the minutes is important, if at all possible please be thorough with your reports and/or hand Rene a copy before hand so that she can ask questions and take notes (thanks, Van). One more business meeting before elections, alternates and successors are encouraged to read up on the operating procedures and responsibilities if they are interested in positions.
- **SECRETARY (RENE P):** please be sure to fill out a written report and then hand them to me as soon as you're done reporting. Thank you.
- **COM/EXEC DIRECTOR (BEV C/DARLENE):** No report.
- **TREASURER (ELISA R):** Detailed treasures report is always available at Central office but, in a nutshell, Cabbage and Cribbage shows a profit where there is an actual loss. See next month report for final numbers.; Group contributions totaled 2,030.12 for March, individual contributions totaled 55.00. 640.00 spent on outside office during the transition. Net income totaled 1,075.45 for March.
- **ACTIVITIES CHAIR (JOEL B)** Corned Beef and Cribbage came in at -247.00 this year. Attendance was low and meat prices were high. Founders Day Picnic will be held June 19, 2011, fathers day weekend @ Richards Way Park in Sparks. Volunteers and donations are needed. Call Central Office for more information.
- **WEBMASTER (OLLIE K):** Still converting web pages to a standard format for ease with updating. Will focus on content next.
- **CORRECTIONS (STEVE W):** Absent
- **TREATMENT/BTG (CRAIG R):** Absent with report. A total of \$866.51 in donations were taken in from various groups and distributed to various facilities in March.
- **ANSWERING SERVICE (LAURA):** Answering Service is in need of volunteers to take calls on Sat 5-7pm, Tues 6-9am. Updated pamphlets at CO. Volunteers needed.
- **AREA 42 LIAISON (ROGER H):** Absent.
- **NNIG STEERING COMMITTEE LIAISONS:** Absent.
- **PUBLIC INFORMATION (MIKE):** Attended another health fair. Want to thank Danny and Melinda from young peoples for helping out. Sharon B also helped out, need volunteers and an alternate chair for P.I.
- **SPEAKER MEETING (JEFF S):** TRMS Speaker meeting was a success. The raffle took in \$600 and the 7th tradition took in over \$300. The next speaker meeting will be held the third Sat in April on the 16th due to Springfest activities. Almost heaven group will host Aprils' event. Anyone interested please contact Jeff. Any group interested in hosting a speaker meeting, please contact Jeff
- **INTERGROUP REP (SCOTT M/LINDA T):** Nothing to report.
- **BRACER (TED G):** The March Bracer is finally out and the April Bracer is just waiting for a financial report. There seems to be a problem locating the mailing list for current Bracer subscribers. Pass the word at groups that the bracer would like more subscribers and articles for publication. Thanks Ted, Great Job!
- **CPC (Kate):** Need volunteer drivers to take Judicial College reps to meetings May 18, 2011. Will meet with drug court judges about alternative (meeting) sentences, hopefully set some protocols. Any questions please call Kate or Central Office
- **SUNSHINE COMMITTEE (AJ):** March saw a total of 6 visits and 3 new members. AJ has taken over for Ed DeP. St Mary was concerned about patient confidentiality, concerns were addressed by SC. Incoming patients will be

told by social workers about the availability of the SC to recovering alcoholics in a verbal and tactful way that preserves anonymity.

NEW BUSINESS

None

OLD BUSINESS

Nothing to report

ANNOUNCEMENTS

- Suggested that Chairs look for Co-Chairs to mentor through the spirit of rotation.
- Corrections Chair needs female volunteers.
- Campout will be held on the lower portion of the campground. We will not have the upper portion available to us this year.
- Elisa looking for an alt treasurer.

...Motion to close. Meeting commenced at 7:46 p.m. with the Lords Prayer.

NNIG Officer and Chairperson Elections

The elections for NNIG officers and committee chairpersons will be held at the June business meeting. There will be several officer and chairperson positions becoming available. We also will be asking for co-chair positions.

Sobriety requirements vary by position. Most positions will require a 2 year minimum commitment. More information can be obtained from Central Office. The June meeting will be held on the 7th at the Triangle Club at 7:00 PM. Grab a sponsee or anyone you know that is willing to serve at the NNIG level. All AA members are welcome to attend the business meeting. Join us and get a glimpse of AA service in action.

NNIG FINANCIAL STATEMENT

9:51 AM
05/03/11
Accrual Basis

Northern Nevada Intergroup Profit & Loss Apr 11 April 2011

Ordinary Income/Expense	
Income	
Serenity Sierras	1.00
Birthday Contributions	36.00
Bracer Subscriptions	56.00
Event Revenues	
Speaker Meeting	
Speaker Meeting Revenue	471.95
Speaker Meeting Expenses	<u>-277.57</u>
Total Speaker Meeting	194.38
Cribbage & Cabbage	
Costs	500.00
Total Cribbage & Cabbage	<u>500.00</u>
Total Event Revenues	694.38
Faithful Fivers	50.00
Group Contributions	2,573.31
Individual Contributions	32.50
Merchandise Sales	3,813.70
Other Uncategorized Income	4.00
Total Income	<u>7,260.89</u>
Cost of Goods Sold	
Cost of Goods Sold	
Physical inventory adjustment	0.00
Cost of Goods Sold - Other	<u>2,699.34</u>
Total Cost of Goods Sold	<u>2,699.34</u>
Total COGS	<u>2,699.34</u>
Gross Profit	4,561.55
Expense	
CC Service Fees	20.42
Donations to groups/events	50.54
Storage Unit	88.00
Shipping Charges	0.00
Compensation & Benefits	3,321.12
Copier Lease	590.08
Membership, Dues & Publications	31.71
Office Supplies	89.10
Outside Office Help	500.00
Payroll Tax Expense	-398.91
Postage	40.90
Rent	671.00
Telephone	318.35
Trash	20.63
Utilities	153.56
Total Expense	<u>5,496.50</u>
Net Ordinary Income	<u>-934.85</u>
Net Income	<u>-934.95</u>

9:38 AM
05/03/11
Accrual Basis

Northern Nevada Intergroup
Transaction Detail By Account

	Type	Date	December 2010 through April 2011	Memo	Amount	Balance
Event Revenues						
Cribbage & Cabbage Revenue						
	Sales Receipt	03/08/2011	030802	Cribbage and Cabbage tickets	36.00	36.00
	Sales Receipt	03/14/2011	31411	Cash Sale	9.00	45.00
	Sales Receipt	03/15/2011	31414	Cribbage and Cabbage	90.00	135.00
	Sales Receipt	03/16/2011		Cribbage and Cabbage	36.00	171.00
	Sales Receipt	03/16/2011		Cribbage and Cabbage	18.00	189.00
	General Journal	03/17/2011	ELR		233.00	422.00
	Sales Receipt	03/18/2011	031804	Cribbage and Cabbage ticket	9.00	431.00
	Sales Receipt	03/24/2011	032401	Cribbage and Cabbage Tickets sold and raffle m	794.00	1,225.00
Total Revenue					1,225.00	1,225.00
Costs						
	Check	12/16/2010	1033	city Of Reno	-1,025.00	-1,025.00
	Bill	03/18/2011		Sierra Meat & Seafood	-746.98	-1,771.98
	Bill	03/19/2011		Rayfield Gorum	-120.00	-1,891.98
	Deposit	04/07/2011		city Of Reno Refund received and posted to off set costs	500.00	-1,391.98
Total Costs					-1,391.98	-1,391.98
Total Cribbage & Cabbage					-166.98	-166.98
Total Event Revenues					-166.98	-166.98
TOTAL					-166.98	-166.98

9:47 AM
05/03/11
Accrual Basis

Northern Nevada Intergroup
Transaction Detail By Account

	Type	Date	Num	April 2011	Memo	Amount	Balance
Group Contributions	Sales Receipt	04/05/2011	040507	Salvation Army	Group Contributions	93.60	93.60
	Sales Receipt	04/05/2011	040508	Almost Heaven	Group Contributions	68.00	161.60
	Sales Receipt	04/05/2011	040511	Cash Sale		0.00	161.60
	Sales Receipt	04/05/2011	040512	Grupo Accion	Group Contributions	10.00	171.60
	Sales Receipt	04/07/2011	040705	NNIG Business Meeting	7th Tradition	33.00	204.60
	Sales Receipt	04/07/2011	040706	Dawn Patel	Group Contributions	1.07	205.67
	Sales Receipt	04/07/2011	040707	Sat Night Fever	Group Contributions	40.00	245.67
	Sales Receipt	04/07/2011	040708	Dayton Fellowship Hall	Group Contributions	100.00	345.67
	Sales Receipt	04/07/2011	040709	Blairden Graeagle Group	Group Contributions	20.00	365.67
	Sales Receipt	04/08/2011	040802	Chester Fellowship	Group Contributions	100.00	465.67
	Sales Receipt	04/08/2011	040803	Ladies of the Lake	Group Contributions	10.00	475.67
	Sales Receipt	04/08/2011	040804	Early Bird Group Carson City	Group Contributions	19.47	495.14
	Sales Receipt	04/11/2011	041102	New Awakening Group	Group Contributions	133.00	628.14
	Sales Receipt	04/14/2011	41401	NO BS Mens Stag	Group Contributions	200.00	828.14
	Sales Receipt	04/14/2011	41404	Serenity on Sunday	Group Contributions	50.00	878.14
	Sales Receipt	04/18/2011	041801	Mt Rose Recovery Room Group	Group Contributions	91.82	969.96
	Sales Receipt	04/18/2011	041802	Women's New Harmony	Group Contributions	66.00	1,034.96
	Sales Receipt	04/19/2011	041906	Silver Springs	Group Contributions	10.00	1,044.96
	Sales Receipt	04/19/2011	041907	Young and the Reckless	Group Contributions	20.28	1,065.24
	Sales Receipt	04/19/2011	041908	Southside Group	Group Contributions	305.82	1,371.06
	Sales Receipt	04/21/2011	042111	Grupo Nueva Esperanza	Group Contributions	10.00	1,381.06
	Sales Receipt	04/21/2011	042112	Dayton Flowery Group	Group Contributions	100.00	1,481.06
	Sales Receipt	04/25/2011	042504	Serenity on Sunday	Group Contributions	93.70	1,574.76
	Sales Receipt	04/25/2011	042506	Women's Just For Today	Group Contributions	68.50	1,643.26
	Sales Receipt	04/25/2011	042507	Brown Baggers Carson	Group Contributions	67.00	1,710.26
	Sales Receipt	04/25/2011	042508	Intercounty Central Office of AA	Group Contributions	10.73	1,720.99
	Sales Receipt	04/26/2011	042606	Dayton Sunday Morning	Group Contributions	138.32	1,859.31
	Sales Receipt	04/27/2011	042702	La Nueva Luz	Group Contributions	19.00	1,874.31
	Sales Receipt	04/28/2011	042802	Our Meeting	Group Contributions	100.00	1,974.31
	Sales Receipt	04/28/2011	042803	Eye Opener	Group Contributions	100.00	2,074.31
	Sales Receipt	04/28/2011	042804	Ladies of the evening	Group Contributions	185.00	2,259.31
	Sales Receipt	04/28/2011	042806	We Are In This Together	Group Contributions	20.00	2,279.31
	Sales Receipt	04/29/2011	042901	Ferley Groups	Group Contributions	294.00	2,573.31
Total Group Contributions						<u>2,573.31</u>	<u>2,573.31</u>
TOTAL						<u>2,573.31</u>	<u>2,573.31</u>

Cash Balance at April 30, 2011

<u>Account</u>	<u>Current Balance</u>	<u>Goal Balance</u>	<u>Under Budget</u>
Checking	883.00	4,036.89	3,153.89
Savings	1,035.00	2,000.00	965.00
Prudent Reserve	8,000.00	24,147.55	16,147.55
	<u>9,918.00</u>	<u>30,184.44</u>	<u>20,266.44</u>

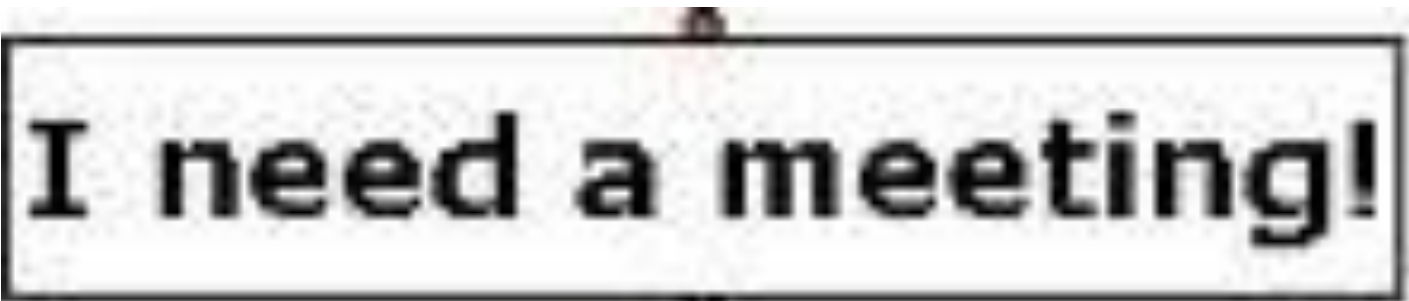
Faithful Fiver

We are members of Alcoholics Anonymous who support our local Central Office with separate contributions. These contributions help to serve the Northern Nevada Alcoholics Anonymous community with Central Office services and intergroup activities.

It's easy to join!

We ask for a \$5.00 monthly or \$60.00 yearly contribution, but no amount is too small. Donate whatever you can afford. Many members use their sobriety date as a reminder to send in their contributions. Please send your check today to:

Northern Nevada Intergroup
 Attn Faithful Fiver
 436 Rock Blvd South
 Sparks, NV 89431



The BRACER
 NNIG Intergroup Office
 Sparks, NV 89431
 www.nmig.org

Email us at Subscriptions<nnigbracer@gmail.com> to sign up for your electronic version of the BRACER.

\$5: (suggested) yearly donation, electronic version
\$12: one year, paper version

Name _____
 Address _____
 City _____ State _____ Zip _____

Date _____
 New _____ Renewal _____
 Donation for electronic version _____
 I can't send a donation at this time but I would still like to receive the BRACER electronically _____

NNIG BRACER SUBSCRIPTION FORM

Central Office
N. Nevada Intergroup
436 S. Rock Blvd.
Sparks, NV 89431

Return Service Requested